

WORLD ARMWRESTLING FEDERATION

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Frame size inside dimension 28 inch wide and 19 inch deep.
40 inch's to the top of the table and 42 inch's to the top of the elbow pad
44 inch's to the top of the touch pad
Table top 36 inches X 26 inches hand peg 1 inch round and 6 inches high above the table
Elbow pads 7in X 7in and 2in high – Touch pads 2in X 10in and 4in high

