

WORLD ARMWRESTLING FEDERATION

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The World Armwrestling Federation (WAF) would like to officially invite you as a WAF member country to attend the 33rd World Armwrestling Championships which will be held in the city of **Almaty** in the country of **Kazakhstan, November 28, 2011 to December 4, 2011.**

Our host for this year's Championship is the **Kazakhstan Armwrestling Federation** in the name of Mukhamedollah Agzamov . They are hard at work in preparing to receive over 40 participating countries and 1500 competitors.

Teams are expected to make arrangements for receiving the VISA's for each members of their team. To download a list of requirements as well as the visa application visit: www.kazakhembus.com. Please note that most countries will require Visa's and the processing times vary depending on countries. Once your visa's have been approved you need to contact the Kazakhstan organizing team to make transportation and hotel arrangements.

You will find all the information you require in this package, should you required further information please do not hesitate to contact us at liseblancharde@worldarmwrestlingfederation.com

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Yours in armwrestling

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Appendix A

Schedule of Tournament of Events

Day	Date	Times	Event
Saturday	November 26, 2011	All day	Team arrivals
Sunday	November 27, 2011	All day	Team arrivals
Monday	November 28, 2011	9:00 am to 1:00 pm	Team Registration
		5:00 pm to 7:00 pm	Continental Meetings
Tuesday	November 29, 2011	8:00 am to 6:00 pm	Country weigh-ins
		10:00 am to 5:00 pm	Referee Seminar
		6:00 pm to 9:00 pm	Congress Meeting
Wednesday	November 30, 2011	9:00 am to 10:00 am	Opening Ceremonies
		Start of tournament	Disabled Left
			Masters Left
			Grand Master Left
			Youth Left
			Award Ceremonies
Thursday	December 1, 2011	9:00 am – Start of tournament	Disabled Right
			Master Right
			Grand Master Right
			Youth Right
			Award Ceremonies
Friday	December 2, 2011	9:00 am – Start of tournament	Senior Left open
			Award Ceremonies
			Doping Control
Saturday	December 3, 2011	9:00 am – Start of tournament	Senior Right open
			Award Ceremonies
			Doping Control
			Closing Ceremonies
Sunday	December 4, 2011	All day – teams return home	

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Appendix B

Tournament Official Weight Classes

Youth Right & Left hand division - \$20 u.s. per class per arm **Total 28 classes**
(Your birthday must fall in 1993 and under to qualify as youth)

Girls - 45kg, 50 kg, 55 kg, 60 kg, 65 kg, 70 kg, 70+ kg

Boys - 50kg, 55 kg, 60 kg, 65 kg, 70 kg, 80 kg, 80+ kg

Disable Right & Left hand division - \$20 u.s. per class per arm **Total 28 classes**

Girls - 50 kg, & 50+ kg

Boys - 50 kg, 65 kg, 80 kg, 80+ kg

Men - 60 kg, 75 kg, 90 kg, 90+ kg

Ladies - 60 kg, 60+ kg

Grand Master Right & Left hand division - \$40 u.s. per class per arm **Total 8 classes**
50 & Over (Your birthday must fall in 1961 and over to qualify as a grand master)

Men - 75 kg, 90 kg, 100 kg, 100+ kg

Master Right & Left hand division - \$40 u.s. per class per arm **Total 18 classes**
40 & over (Your birthday must fall in 1971 and over to qualify as master)

Men - 70 kg, 80 kg, 90 kg, 100 kg, 100+ kg

Ladies - 60 kg, 70 kg, 80 kg, 80+ kg

Senior Right & Left hand division - \$40 u.s. per class per arm **Total 36 classes**

Men- 55 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg, 100 kg, 110 kg, 110+ kg

Ladies - 50 kg, 55 kg, 60 kg, 65 kg, 70 kg, 80 kg, 80+ kg

TOTAL WAF APPROVED CLASSES: 120

Optional Classes - Host has the option of holding the classes below but must notify WAF 6 months prior to Championship in order for the team to properly prepare competitors. These classes do not count for points and the \$40 entry fee does not apply.

Senior Grand Master Right & Left - 75 kg, 90 kg, 100 kg, 100+ kg

Team Trophies and Point distribution

Team trophies will be awarded for the following categories: 1) Youth 2) Disable 3) Master and Grand Master and 4) Senior

Team Point distribution are as follows – 1st – 10 points, 2nd -7 points, 3rd – 5 points, 4th – 4 points
5th – 3 points, 6th – 2 points, 7th – 1 point = for a total of 32 points per class

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Appendix C

Hotel and Transportation Information

Astana Inter Hotel	number of rooms availbale		cost per room (rate card) KZT	cost per room (rate card) USD	cost per room with WAF discount (KZT)	cost per room with WAF DISCOUNT (USD)
single	75	20	28,000 KZT	190 USD	13,000 KZT	88 USD
double		45	33,000 KZT	224 USD	18,000 KZT	122 USD
de lux		10	45,000 KZT	306 USD	23,000 KZT	156 USD
AI SER HOTEL						
singl		4	25,000 KZT	170 USD	14,000 KZT	95 USD
double		115	29,000 KZT	197 USD	21,000 KZT	143 USD
de lux		27	40,000 KZT	272 USD	26,000 KZT	177 USD
KAZ ZHOL HOTEL						
single	120	40	19,500 KZT	133 USD	16,000 KZT	109 USD
double		55	27,000 KZT	184 USD	24,000 KZT	163 USD
de lux		15	30,500 KZT	207 USD	27,000 KZT	184 USD
KAZAKHSTAN Hotel						
single	242	40	22,000 KZT	150 USD	19,000 KZT	129 USD
double		192	26,000 KZT	177 USD	19,000 KZT	129 USD
de lux		10	30,000 KZT	204 USD	33,000 KZT	224 USD
KOK TOBE SANATORIUM						
double	75	50	15,000 KZT	102 USD	12,000 KZT	82 USD
houses		25	17,000 KZT	116 USD	13,000 KZT	88 USD
SHERA HOTEL						
double		40	26,000 KZT	177 USD	16,000 KZT	109 USD
KAZAKHSTAN SANATORIUM						
double		102	18,000 KZT	122 USD	15,000 KZT	102 USD
KARGALY SANATORIUM						
double		75	15,000 KZT	102 USD	15,000 KZT	102 USD

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Appendix D

Protocol for Team Registration

Protocol 1 - Team Registration due date - Friday, November 25, 2011

Team Registration must be received by the General Secretary no later than Friday November 25th, 2011 or your Country will be fined \$50 U.S. and you will be the last team to register and weigh-in.

You will be scheduled for weigh-ins on a first come first served basis

Protocol 2 - Changes made to registration form

- Counties are allowed to make 5 changes to the registration form
- All other changes will cost \$20 us dollars per change

Protocol 3 - Team Registration Day - Monday, November 28, 2011

- Team registration will take place from 9:00 am to 1:00 pm
- TEAMS NOT REGISTERED WITHIN THESE TIMES WILL BE SUBJECT TO EXECUTIVE REVIEW AND VOTE ON ALLOWING TEAM TO PARTICIPATE AT THE WORLD CHAMPIONSHIPS
- If Team is allowed to register a fine of \$500 U.S. will be charged
- No Team will be registered once tournament has started

Protocol 4 - Team Registration Day Procedures

- One person per country and their translator will be allowed to enter registration room
- The following items must be complete for each competitor or you will be asked to return when all is complete
 - Completed team registration form
 - Passport or photo ID for each competitor
 - \$40 or \$20 registration fee per arm per entry for each competitor
 - U.S. funds only will be accepted

NO EXCEPTIONS WILL BE MADE, IF YOU DO NOT HAVE ALL THE PASSPORTS AND \$\$\$\$ YOU WILL BE ASKED TO RETURN WHEN THE FILE IS COMPLETE

WAF team will then

- ❖ Confirm time of weigh-in
- ❖ Photocopy each passport and return originals to you
- ❖ Make necessary changes and approve registration
- ❖ Collect individual registration fees and country fees
- ❖ Prepare official country receipt

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Appendix E

Protocol for Team Weigh-ins

Team weigh-in – Tuesday, November 29, 2011

- You must arrive at your scheduled weigh-in time or wait until the last team has been weighed in before your team can weigh-in
- The team must weigh in together and as a complete team.
- English speaking Team Manager must be present during the full weigh-in time
- Only one team will be allowed in weigh-in room at a time. All other teams must wait in a separate waiting area
- Once a person is weighed-in they will then have their photo taken, once the photo is taken they must leave the weigh-in room immediately
- Team Managers must stay until all competitors have been weighed-in and all pictures have been taken
- Each team must come in to weigh-in in the following manner
 - Youth girls 45, 50, etc...
 - Youth boys 50, 55, etc...
 - Ladies 50, 55, etc...
 - Men's 50, 55, etc...
 - Master, Grand Master
 - Disabled
- If a competitor does not make weight they have until 6pm on day of weigh-in to make his/her weight
- A competitor only has two tries at the official scale, no exceptions will be made
- Official Event badges will be given to each Team Captain at the Congress Meeting

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Appendix F

Protocol for Days of Tournament

A complete list of participants per category will be given to the Team Captain at the same time the Team Badges are distributed.

Team Captains can come to the WAF change table from 8:00 am to 8:30 am each morning before the start of competition. No changes will be allowed after this time has passed.

A list with the following days classes and participants will be given to the Team Captains at the end of every competition day, we will again have from 8:00 am to 8:30 am to bring any changes to the WAF change table.

The results of the day will be given to each Team Captain by noon on the following day.

Changes to badges will only be made after 12:00 (noon) on the first and second days only. No changes will be made on third and fourth days

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